

# [***Patanjali's Yogahaar: Need to Adopt A Holistic Approach to Soil Health***](https://advance.lexis.com/api/document?collection=news&id=urn:contentItem:69N7-RS21-DXMP-K3NV-00000-00&context=1516831)

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**Body**

The 928th day of the online voluntary 'Yogahaar' programme by Patanjali Organic Research Institute, Haridwar was completed with the participation of farmers from across the country. The theme of the day was '***Soil Health***' and in the discussion it emerged that there is a need to work with a holistic vision for ***soil health***. The abundance of organic matter in the ***soil***, nutrients and availability of water together determine the continuity of vitality for crops.

Pawan Kumar from Patanjali Organic Research Institute gave detailed information about the Yogahaar programme and the theme of the presentations. Thereafter, Manohari Rathi and Tarun Sharma, through their presentation on '***Soil Health***', drew the attention of the members present on the methodology (termed as ***Soil Health*** Card, Dharti Ka Doctor and ***Soil Health*** Ladder Chart) adopted and tools identified for measuring ***soil*** moisture and earthworm count.

The ***Soil Health*** Ladder and Dharti Ka Doctor are being tested among farmers of Madhya Pradesh, Maharashtra, Western Uttar Pradesh and Uttarakhand. The tools and methods identified are simple and can be used by farmers themselves thereby making them self-reliant.

Dr Suresh Kumar said that by continuously applying crop residues, the ***soil*** gets the desired nutrition which helps it to remain healthy. Sanjay Naithani emphasised on holistic ***health*** as well as management of organic waste. Hariraj Singh talked about the importance and relevance of visiting agricultual fields every day.

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